

## **Chefs/Demonstrator Profiles**

### **Porridge Lady, Freestyle Porridge Maker**

[www.porridgelady.co.uk](http://www.porridgelady.co.uk) twitter @porridgelady

Porridge Lady, aka Anna Louise Batchelor, is a champion 'Freestyle Porridge Maker', food writer and local food advisor. Trained as an environmental scientist Anna Louise's passion for food starts with the soil, believing that healthy soil = good food = healthy people. As a cook Anna Louise is a passionate advocate of seasonal and organic foods and loves using this produce in her oaty dishes.

*Photo credit to **Murdo Macleod***

