

## **Chefs/Demonstrator Profiles**

**Audrey French, Rare Breed Pig Farmer and founder of WYSIPIG.  
Based at Ellis's Hill Farm, Arborfield (in the woods behind Bearwood College)**

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Audrey has kept rare breed pigs for 17 years and has been cooking for many more. She has brought up a family on home-cooked food and believes that the key to a happy healthy life is to make sure you know where your food comes from. By keeping it simple, fresh and local, she feels you won't go far wrong.

At the Festival she will be demonstrating thrifty recession-busting sausage recipes and showing how easy it is to make your own sausages at home. As many people are worried about what goes into their processed food Audrey says the solution is simple. Be your own food processor!

